

YENEPOYA (DEEMED TO BE UNIVERSITY) Recognized under Sec 3(A) of the UGC Act 1956 Accredited by NAAC with 'A' Grade

1.1.3 Courses with focus on competency/ employability/ entrepreneurship/ skill-development offered either by the University or in collaboration with partner Institutions/ Industries during the last five years (2016-2021).

Any other documents

**Report of Deeksharambh** 

**Student Induction Program** 

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 Dr.Gangadhara Somayaji K.S. Registrar Yenepoya(Deemed to be University) University Road, Deralakatte Mangalore- 575 018, Karnataka

### Report of Foundation/ Induction course

### **Report of Foundation Course for MBBS Students of 2019 Batch**

### 1 August 2019 to 31 August 2019

Foundation Course for 2019 batch of MBBS students as per the guidelines from MCI and UGC was conducted by Yenepoya Medical College. It was organized by the Medical Education Unit, YMC and the Foundation Course Committee.

Foundation Course or the Induction Course aims to ease the transition of students to the professional course. It included Orientation to the Course and Profession, Skill Module, Professionalism, Ethics, Field Visits, Sports, Extracurricular Activities, Language and Computer Skills to prepare the students to become effective doctors.

Date and Duration: 1 August 2019 to 31 August 2019

30 Days; 195 hours

Monday to Saturday - 8 am to 4 pm

Venue: Yendurance Zone and Indoor Auditorium, YMC

Course Coordinators: Dr. Rashmi Jain, MEU Coordinator &

Dr. Aswini Dutt, Convener, Foundation Course Committee

Number of students who attended the course - 150

The total number of Resource Faculty Members

In house – 77

Invited External Resource Faculty – 07

Assessment – Formative

Most of the sessions had a built in assessment activities and assignments to encourage self directed learning.

Some sessions related to Ethics, professionalism and communication will be assessed as a part of Internal Assessment.

Record keeping & documentation - In the log books

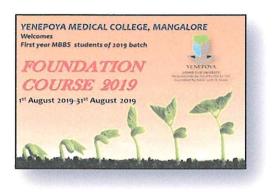
The log book will also be assessed and marks assigned. The mars would be added in Formative assessment with phase 1 subjects.

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### Figure 1 Welcome Banner Content



### Figure 2: Time distribution of various topics/ broad areas covered in the foundation course

Content	No. of hours
Orientation	25
Skill Module	40
Field Visits	10
Professionalism, Ethics	40
Sports, Yoga	16
Extracurricular Activities	14
Kannada Language	12
English Language	12
Computer Skills	13

Yenepoya Medical College, Mangalore, Karnataka

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### Report of Foundation/ Induction course

#### Key features of Foundation Course @ YMC

- All the resource faculty were requested to prepare teaching modules for each component of Foundation course as per the prescribed guidelines that included Session objectives, TL methods, Activities, Reflections in structured format, Assignments, and Assessments.
- The student Logbook was designed for the entire course. This was in the form of log of sessions and reflections on sessions.
- Google Classroom was created for the purpose of using e portal for submission of assignments, feedbacks etc. This also enabled the course coordinators to share resources and time table schedules with the students.
- Google forms, Google doc and Google photos for documentation were used for daily assignment submissions, daily session feedback and Reflections.
- The resources shared were Movie clips, book for review, movies for competetion, Youtube links, Study material, and Reference articles were shared.
- As a part of team building activity, the entire batch was divided into four teams. This helped in conducting several team-based activities and also enhanced team dynamics
- A variety of interactive activities and 20 different competitions were conducted for all the students who were divided into 4 Teams.
- 2100 online feedbacks have been collected for the sessions by the students.
- 40 Preclinical Faculty coordinated the daily sessions in which 90 faculty members from YMC and 5 external faculty members were the resource persons for this entire foundation course.

The topics discussed under different contents are mentioned below.

Yenepoya Medical College, Mangalore, Karnataka

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### Report of Foundation/ Induction course

- Learning environment, Institution.
- Campus and facilities
- Rules & regulations,
- Policies and procedures,
- Faculty mentors
- History of Medicine
- Role of doctors in society



### **AETCOM SESSIONS**

- Ethics
- Professionalism
- Values & behaviour
- Professional competence
- Effective communication
- Interpersonal relationships
- Time & Stress management



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### **COMPUTER SKILLS**

- ICT in education.
- YENGAGE
- Online security & safety
- Data management
- Tools for Collaborative works
- Blogs & Social networking skills
- Basics of Photography, image processing, Geotagging



Yenepoya Medical College, Mangalore, Karnataka



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### LANGUAGE SESSIONS

Small Talk, Group communication, Cross Cultural communication, Written communication, Tenses, Verbs, Idioms, Prepositions, Public speaking skills, Body Language, Self Confidence, Etiquette of speaking, Reading skills, etc.



- National healthgoals, policies
- Health care delivery systems
- Visit to PHC, Anganawadi, Water and Sewage treatment plants
- Interactions with patients, families and Communities.

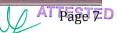


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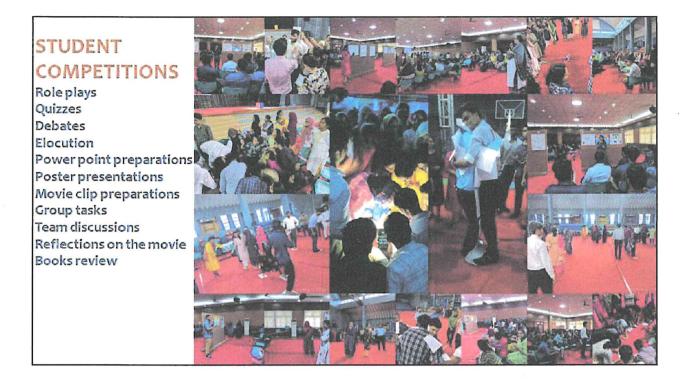




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White Coat ceremony: On the last day of this foundation course (31.8.2019), White Coat ceremony for MBBS students of 2019 batch was conducted at Auditorium, YMC Hospital. The students were addressed by University and college officials. The need of conducting themselves with utmost diginity and respecting teachers and patients was emphasized. The students were administered a oath to respect the profession in the form of white coat oath. Prizes were distributed the student teams who were declared winners in various competitions held during this one month Foundation course.

**Feedback** was collected from the students using Google form which showed that students were of the opinion that

- The foundation course 2019 achieved the objectives as stated in the beginning of the programme
- It was useful, logically sequenced and effective
- It generated interest towards MBBS Program and improved overall understanding of various roles of health professional
- Various activities planned and interactions in foundation course were good
- Overall students enjoyed and were benefitted from this course.

Yenepoya Medical College, Mangalore, Karnataka





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Figure 2 White Coat ceremony
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Yenepoya Medical College, Mangalore, Karnataka

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### Report of Foundation/ Induction course



Figure 3 Students taking the Oath

Castric

Dr. Rashmi Jain Associate Professor of Ophthalmology Coordinator of MEU, YMC

### Deeksharambh Student Induction Programme First BDS Students 2020-2021 Batch

Introduction: Transition from school/college life is the most challenging event in a student life when a new student enters an institution. They come with diverse thoughts and backgrounds. Many of them have little knowledge of University/ college. An important task therefore is to welcome new students to higher education and prepare them for their new role.

Student induction is designed to help in the whole process. Therefore it should be taken seriously more than mere orientation programme.

Purpose: Purpose of student induction programme is to help new students adjust and feel comfortable in the new environment, inculcate in them ethos and culture of the institution, help them build bonds with other students and faculty members and expose them to a sense of larger purpose and self exploration.

Procedure: Yenepoya Dental College conducts a student induction programme for the students of BDS of 2020 -2021 batch. This will be a seven days course designed to be offered prior to beginning of BDS courses. The course is according to the guidelines given by Deeksharambh and which also includes universal human values.

#### **Course Objectives:**

- To familiarize the newly joined dental students of Yenepoya Dental College to the dental curriculum.
- To appraise these students regarding campus life and rules and r regulations at Yenepoya (Deemed to be University).
- To make acquainted the students with the support system available for them, to deal with various challenges of health professional student and hostel life.
- To ensure that students are aware of the facilities offered by Yenepoya (Deemed to be University) for their overall development including sports, E learning, Library etc.
- To enlighten the students of role of doctor in the society in the form of extension activities where students can have a role like NSS.
- To sensitize the students to various roles of a health professional student like- life long learner, communication skills, ethics, professionalism and empathy.
- To lay the foundation of developing empathy, healthy attitude, ethics and communication skill amongst students.
- To create an awareness among the newly joined students about ragging a

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menance.

· To introduce the students to on line teaching platform of the

University, that is YENGAGE and to give them an insight regarding Swayam course.

 To an introduction to YUAA (Yenepoya University Alumni Association).

The programme will be conducted at dental auditorium and Yendurance Zone. The following members constitue to the committee of the programme:

Chairman: Dr Akhter Hussain, Principal, Yenepoya Dental College

Convenor: Dr Savita Dandekeri, Professor, Yenepoya Dental College

Cordinators: Dr Kevin Fernandes, Senior Lecturer, Yenepoya Dental College

Dr Uma M, Reader, Yenepoya Dental College.

### Members:

Dr. Smitha K, Lecturer, Dept. Of Oral Pathology	1 BDS
Dr. Mallikarjuna R , Lecturer, Dept. Of Prosthodontics	1 BDS
Dr. Fahad Mohammed, Lecturer, Dept. Of Prosthodontics	I BDS
Dr. Prakyath Malli, Lecturer, Dept. Of Prosthodontics	1 BDS
Dr. Pallavi Sabard, MDS, Lecturer, Dept. Of Oral Pathology	1 BDS (regular & Supplementary Batch

The detail of the programme schedule is as follows:

#### Day 1-Venue: YDC Auditorium

Topic	Time	Facilitator
Inaugaral Programme	9.00 am -9.30 am	
Institution Orientation	9.30 am -10.30 am	Dr Akther Hussain, Principal, YDC
Introduction of the various Departments and various protocols	10.30 am -11.00 am	Dr Sham Bhat, Vice Principal, YDC
Mentor Mentee Introduction	11.00 am to 11.30 am	
Introductions of the Statutory Bodies	11.30 am - 12 pm	Dr Praveen Jodalli, Reader, Dept of Public Health Dentistry, YDC
Lunch Break	12.30 pm -1.30pm	
Visit to the various Departments	1.30 pm – 5 pm	Students are divided into 6 batches, each batch guided by their Mentors

### Day 2 -Venue: YDC Auditorium

Topic	Time	Facilitator
Fine Tuning The Personality For Maximum Efficiency In Student Life	9.30 am -10.15 am	Dr Akther Hussain, Principal, YDC
Ragging A Menance	10.15 am -10.55 am	Dr Sanath Shetty, Prof &H.O.D, Department of Prosthodontics
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Mentoring With The Mentors Topic: Discussions of student aspiration and family expectations	11 am -12.25 pm	
Lunch Break	12.30 pm -1.25pm	
Building your life style through human values	1.30 pm -2.30 pm	Calida Royce D'Souza Coordinator
Creative Arts And Cultural Events	2.30 pm - 5pm	Dr Raksha Ballal, Reader, Dept of Paedodontics Dr imaran Mothesham, Reader, Dept of Oral Pathology

### Day 3-Venue: YDC Auditorium

Topic	Time	Facilitator
Substance Abuse	9.30 am -10 am	DrMaji Jose, Vice Principal, YDC
Leading A Healthy Life	10 am -10.30 am	Mrs Sunitha Prabhu, Student welfare officer, YDC
Library an Overview	10.30 am -10.55 pm	Dr Mamatha Pramodh Kumar, Chief Librarian
Mentoring With The Mentors Topic: Gratitude towards helping me	11 am -12.25am	
Lunch Break	12.30 pm -1.25pm	
Cross cultural communication	1.30 pm – 2.30 pm	Calida Royce D'Souza Coordinator
Creative Arts And Cultural Events	2.30 pm - 5pm	Dr Mallika Shetty, Reader, Dept Of Prosthodontics Dr Raksha Ballal, Reader, Dept Of Paedodontics

### Day 4 Venue: YDC Auditorium

Topic	Time	Facilitator
Yoga and Its Benefits	9.30 m -10.15 am	Mr.Kushalappa Gowda
Stress Management & Psychological Issues In Students	10 am -10.30 am	Dr Anil Kakumje, Prof & HOD, Dept Of Psychiatry, YMC
Mentoring With The Mentors Topic: Human needs of self and body	11 am -12.25am	
Lunch Break	12.30 pm -1.25pm	
Public speaking: A need in today's world	1.30 pm -2.30pm	Calida Royce D'Souza Coordinator
Creative Arts And Cultural	2.30 pm – 5pm AT	TESTED Raksha Ballal, Reader, Dept

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Events	Of Paedodontics
	Dr imaran Mothesham, Reader, Dept of Oral Pathology

### Day 5-Venue: Dental materials Lecture hall

Topic	Time	Facilitator
Talk by Post Graduate Student	9.30 m -10.15 am	Mr.Kushalappa Gowda
Introduction to NSS	10 am - 10.30 am	Dr Ashwini Shetty, Assistant Prof.Dept Of Anatomy, YMC
Talk By Interns	10.30 am - 11 am	And the second
Mentoring With The Mentors Topic: Peer pressure	11 am -12.25am	
Lunch Break	12.30 pm -1.25pm	0
Boosting confidence	1.30 pm- 2.30 pm	Calida Royce D'Souza Coordinator
Cultural Programme	2.30 pm – 5pm	Dr Raksha Ballal, Reader, Dept Of Paedodontics Dr imaran Mothesham, Reader, Dept of Oral Pathology

### Day 6-Venue: YDC Auditorium

Topic	Time	Facilitator
Do You Have It In You?- Skills To Good Dentistry!	9.30 m - 10 am	Dr. Hasan Sarfaraz Prof & Implantology Head Department Of Prosthodonties
A Balance Between Extra Curricular Activities And Academics	10 am -10.30 am	Dr. Sneha Kudva Sr. Lecturer Dept Of Periodontics
Introduction To YUAA	10.30 am - 11 am	Dr. Imran Pasha Reader Dept Of Public Health Dentistry
Code of Conduct	11 am - 11.15 am	Dr Uma M, Reader, Dept Of Prosthodontics
Mentoring With The Mentors Topic: prosperity and relationship	11 am -12.25am	
Lunch Break	12.30 pm -1.25pm	
Polite talk and daily	1.30pm -3 pm	Calida Royce D'Souza

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conversations		Coordinator	
Feedback By The Students & Distribution of Certificate	3pm – 5pm		

#### Visit to a Historical Site accompanied by Mentors

The programme will be concluded by taking overall feedback about the induction programme from the students.

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### **REPORT OF ORIENTATION PROGRAM**

S.No	CONTENT	DETAILS	
1.	Nature of the Program	Student Induction program for BSc (N), PB BSc (N) and MSc (N)- 2019- 20 batch	
2.	Title and Theme	Student Induction pro	gram
3.	Organizing department/s	Yenepoya Nursing Co	llege
4.	Program date and time	5 <sup>th</sup> to 10 <sup>th</sup> August 20	)19
5.	Resource persons and Topic of presentation	-	
6.	Beneficiaries (PG, UG, Interns, GP, Consultants/Faculty)	129 students	
7.	Number of delegates registered and break	Undergraduates	126
	up	Postgraduates	3
		Interns	-
		General Practitioners	-
		Consultants/Faculty	-
8.	Credit hours/ points and the name of the organization awarding accreditation points. Letter number	TOTAL 129	
9.	Is the CME held under Aegis of a society details of the same	=	
10.	Possible impact or expected impact of the program	Students induction program will help them to understand the functioning of institution, orient to the faculty and peer group. It will help them to adjust new environment.	
11.	Photographs with clear captions (Not more than $4 - 5/$ day of program)	Attached	
12.	Any other information		

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Students and parents attending course inauguration

Lamp lighting



Visit to laundry



Visit to Central Kitchen



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### **Report**

Yenepoya Nursing College organized a student induction program for BSc (N), PB BSc (N) and MSc (N)- 2019-20 batch from 5<sup>th</sup> to 10<sup>th</sup> August 2019. The UG Coordinator Mr Syed Imran welcomed the gathering. The course was inaugurated by Dr. M Vijayakumar, Vice Chancellor, Yenepoya(Deemed to be University). After the lamp lightening a brief overview of the course was given by Dr Leena KC, Dean, Yenepoya Nursing college. The presidential address was delivered by Vice Chancellor. 129 students and their parents attended the program. The program concluded with the vote of thanks by Mrs Prashma, Lecturer, Department Of Medical surgical Nursing.

Undergraduate Students attended the induction program for a week. During this program orientation to physical settings, facilities of Universities and motivational sessions such Healthy life style, Grooming, Time management, work & spirituality, substance abuse, Research & Funding, Environmental Sustainability, sexual Harassment, Communication, Handling Peer pressure and Note taking as well as making were taken. Students expressed that the induction programme was useful.

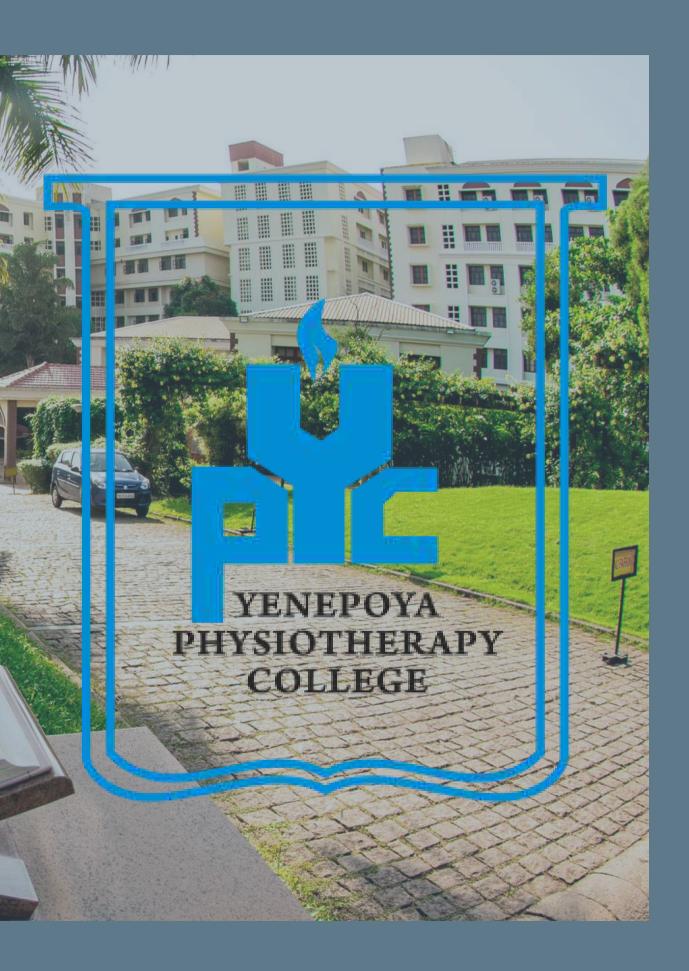
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## YENEPOYA PHYSIOTHERAPY COLLEGE

# INSTITUTIONAL INDUCTION PROCEDON

2020-21 BATCH BPT 19-25, Sep 2020; Google Meet A second second



# **Guest Talk by**



# Dr. Ali Irani

## **President, Indian Association of Physiotherapists**

Dr. Ali Irani is a renowned and honored personality in the field of physiotherapy. His proficiency is highly sought after in the sports world. He was the physiotherapist for Indian cricket team from 1987-1997. He has extensive experience working with professional athletes at state and national level. He has also helped several famous Bollywood celebrities recover from serious injuries.



## **INAUGURATION PROGRAM**

Time Speaker Event 09:00 am Invocation Welcome Address 09:05 am Presidential Address Prof. Padmakumar S, Principal 09:10 am 09:40 am Vote of Thanks

Mr. Khaja Mohinuddeen Mr. M R Sivakumar Mrs. Veena Pais, Vice Principal

# **INSTITUTIONAL INDUCTION PROGRAM**

<u>Date</u>	<u>Time</u>	<u>Event</u>
19-09-2020	10:00 am	Physiotherapy in India
21-09-2020	10:00 am	Scope of Physiotherapy
	11:00 am	Research in Physiotherapy
22-09-2020	10:00 am	Mentorship program
	11:00 am	Sports and Cultural Activities
	12:00 noon	Familiarization with the campus
23-09-2020	10:00 am	YUAA - Yenepoya University Alumni Ass
	11:00 am	Peer Pressure - Positive vs Negative
24-09-2020	10:00 am	Key strategies for academic success
	11:00 am	Orientation to Clinical training
25-09-2020	10:00 am	Adjunct therapies to Physiotherapy
	11:00 am	Priorities in life

<u>Speaker</u>

Dr Ali Irani, Guest Talk Mrs. Nigath Fathima Mrs. Mudasir Rashid Baba Mrs. Veena Pais Mr. Khaja Mohinuddeen Ms. Mariamath Arifa sociation Mr. Sajjad A R Ebrahim Mr. Shemjaz M Arakkal Mrs. Smitha D Ms. Umae Sadiya Ms. Saloni Shetty Mr. M R Sivakumar

## A PERSON WHO WON'T READ HAS NO ADVANTAGE OVER ONE WHO CAN'T READ

Read

### - Mark Twain

### **Principal's Message**

As the principal of college, I believe that it is my responsibility to maintain and to continue to build a supportive and collaborative spirit at our college. Together as a college community, we will build on the traditions of the past and meet the challenges of the future in innovative and exciting ways.

Prof. S Padmakumar



### Vice Principal's Message

A warm welcome to you dear students. We are thrilled to have you and we look forward to making this journey enjoyable and a great learning experience for you.

The beautiful thing about learning is that no one can take it away from you - B B King



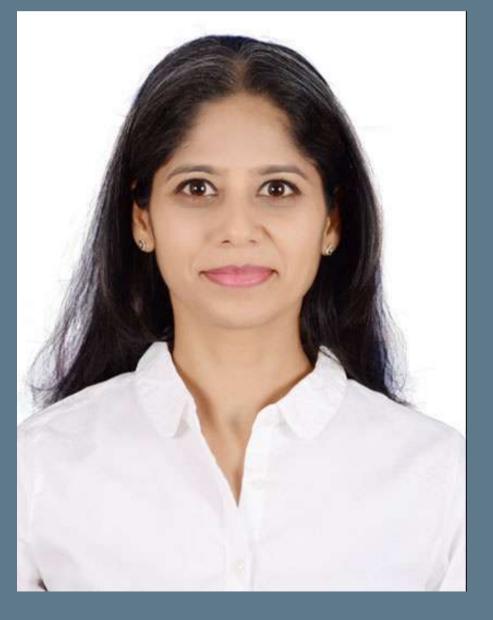






Buzzing and zooming into the nobel profession

Smitha D **Associate Professor & PG Program Coordinator** 



Incandescent

Fresh out of college

Exploring the new world of knowledge

Stepping into the milestone

With new dreams, hopes and desires

Here they are, the new buds blooming

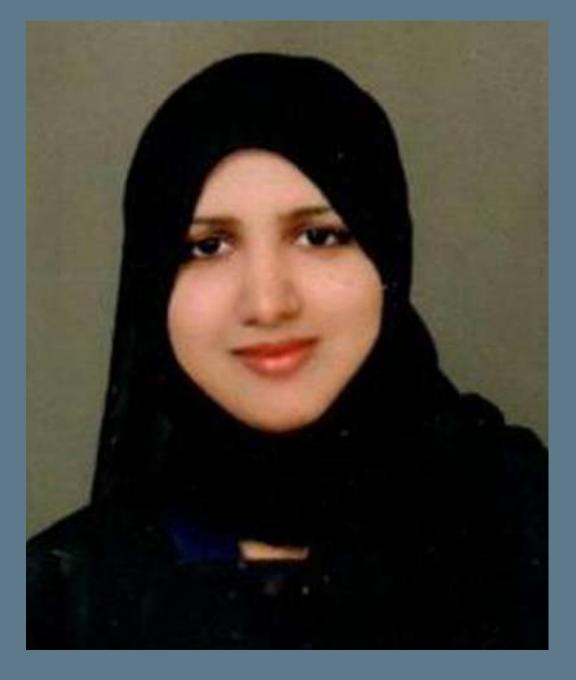
-Smitha D

Hearty welcome to the batch of 2020



## M R Sivakumar Associate Professor & UG Program Coordinator

Your success is central to our mission at Yenepoya Physiotherapy College. We are here to support your every step of the way in your journey to the graduation stage. Looking forward to everyone having a great and healthy year!



## Fathima Nigat Assistant Professor

"Nobody can go back and start a new beginning, but anyone can start today and make a new ending" Remember "Beginning is the most important part of any work" -Welcome ALL to a new journey....



## Shemjaz Arakkal M Assistant Professor

Meeting my students will be the beautiful thing that can happen in this year of pandemic... Excited to meet you all



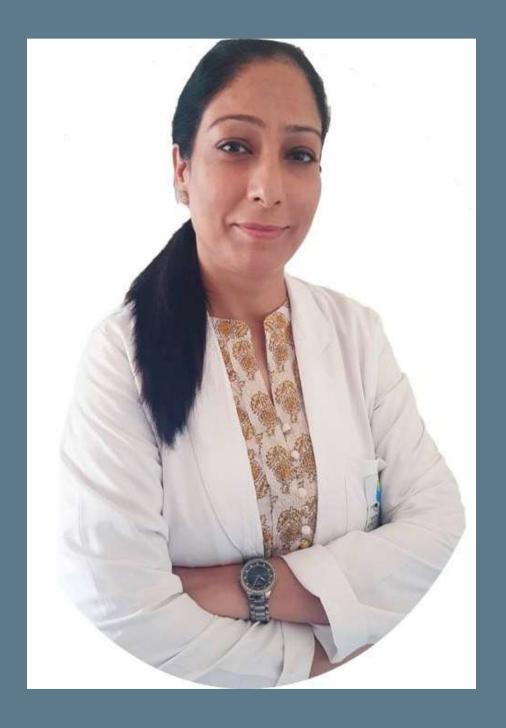
Sajjad A R Ebrahim Assistant Professor & Clinical Coordinator Secretary - Yenepoya Alumni Association

I am a proud alumni of Yenepoya Physiotherapy College... You are the future....

I take this opportunity to congratulate and welcome all the students who have been admitted to Yenepoya (Deemed to be University)



"Believe in yourself and all that you are, know that there is something inside you that is greater than any obstacle" -Christian D Larson





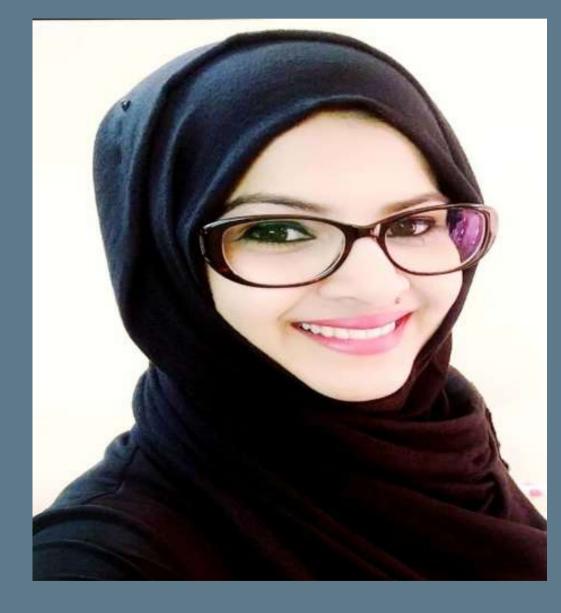
## Khaja Mohinuddeen Assistant Professor

By being yourself, you put something wonderful in the world that was not there before. Dear Students, Welcome to the world of Knowledge....



## Mariyamath Arifa Assistant Professor

My dear students, I am delighted to welcome each one of you to the Yenepoya Physiotherapy College. We are here to support you on every step of the way in your journey to the graduation stage. We are looking forward to everyone having a great and healthy year.



## Umae Sadiya Clinical Physiotherapist / Assistant Professor

It is the start of the new journey of life. Rise up & see the brightopportunity in each new day. Heartily welcome you all to the world of Physiotherapy & Yenepoya family.



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### NIRF Ranking

# Yenepoya Physiotherapy College

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## **A Brief History**



was established in 2003 under the Islamic Academy of Education Trust (IAE) and the college was affiliated to Rajiv Gandhi University of Health Sciences (RGUHS).

## Campus Expansion

The College was brought under the ambit of Yenepoya (Deemed-to-be university under section 3(A) of the UGC Act 1956 in the year 2009

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## Presentely

In the year 2016 Semester system for BPT programme and in 2018 Choice Based credit System was introduced for MPT programme with 4 specialities with 7 electives.

## Meet Our Alumni



## Askar P V

(2006 BPT, 2011 MPT) Kerala Blasters Senior Team Physiotherapist Santhosh Trophy Kerala Former Physiotherapist



## Shehin Muhammed K V

(BPT 2010, MPT 2016) (BPT 2011) Football Academy of Bangalore (FAB) i-league Blasters Junior/Reserve Kerala Team Team Physiotherapist Physiotherapist



## Anandhu S Kumar

## How to get in touch

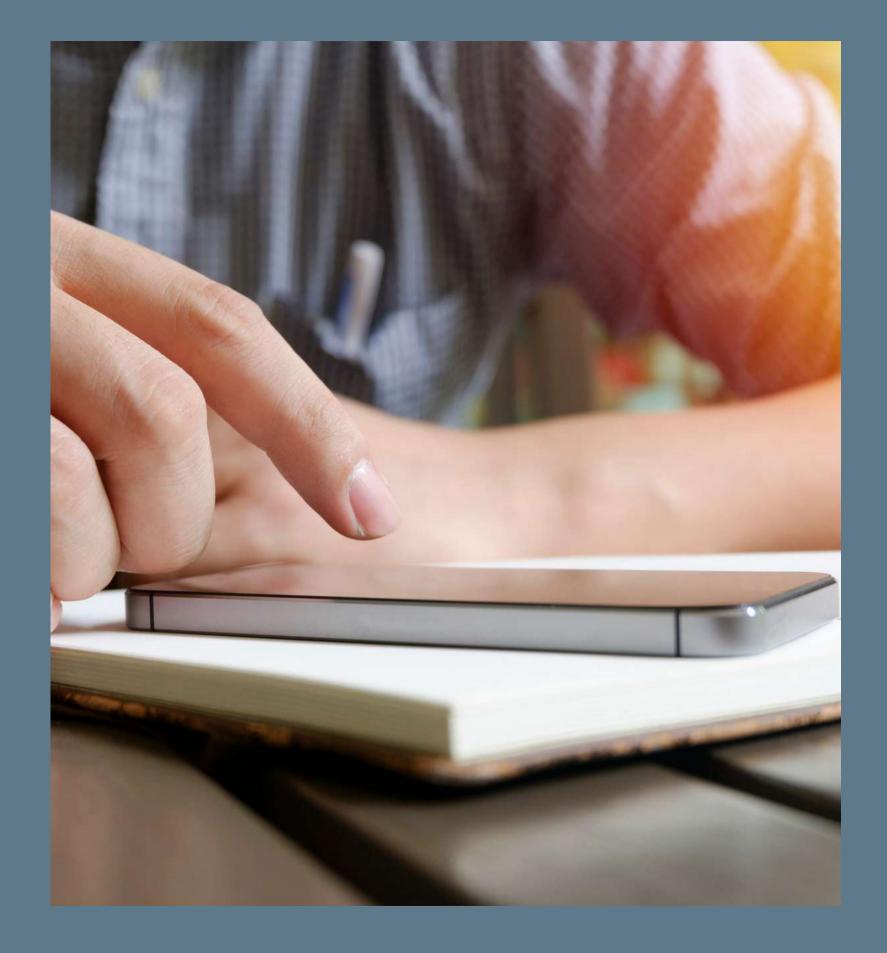
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https://ypc.yenepoya.edu.in/





#### YENEPOYA PAHRMACY COLLEGE & RESEARCH CENTRE

Yenepoya (Deemed to be University) Deralakatte, Mangaluru - 575018

## REPORT

## ONE WEEK INDUCTION PROGRAMME FOR B.PHARM STUDENTS July 08 to July13, 2019

Batch: 2019-2020



#### Day 1: 08-07-2019

Induction Program: The program was inaugurated with prayer and testimony to the unflinching dedication to our founder Late Mr Moideen Kunhi. Dr. Mohammed Gulzar Ahmed, Principal, Yenepoya Pharmacy College, welcomed the dignitaries and the gathering with his welcome address. The program was inaugurated with the lighting of the lamp by the dignitaries on the dais. Mrs. Smitha D, Associate Professor, Yenepoya Physiotherapy College, spoke on the significance of Physiotherapy course and gave a brief overview about BPT & MPT program. Dr. Mobeen Sheikh, Associate Professor, Yenepoya Pharmacy College & Research Centre, spoke on the significance of Pharmacy course and gave a brief overview about B.Pharm & D.Pharm program. President, Dr. M. Vijayakumar, Hon'ble Vice Chancellor, gave the presidential address. Prof. Padmakumar S, Principal, Yenepoya Physiotherapy College, gave Vote of Thanks. The induction program concluded with the National Anthem followed by refreshment.



Lecture on Code of Conduct: Mrs. Sunitha Prabhu, Student Welfare Officer, gave insight on different code of conduct for the students, where she discussed various rules and regulations of the University.



#### Day 2: 09-07-2019

Workshop on Personality Development: Ms. Calida Royce D'Souza, started the day 2 lecture on personality development, where she explained the students on different aspects of personality development.



**Institution Orientation:** The next session was taken up by Dr. Mohammed Gulzar Ahmed, Principal & Dean, Yenepoya Pharmacy college & Research Centre. In this session Principal briefly told about the University Ranking and awards. Sir also gave an idea on how the sessional & semester examinations are conducted for theory as well as for practical subjects.

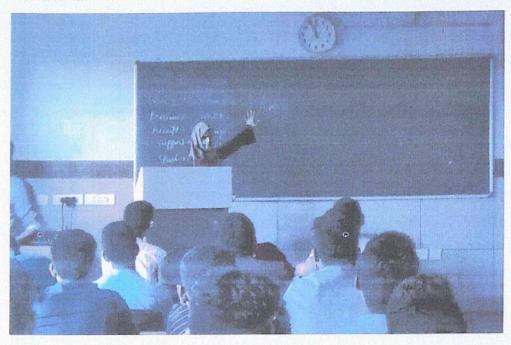


**Introduction to Mentor program:** The next session was taken up by the mentors of 1<sup>st</sup> year B.Pharm-Ms. Mobeen Shiekh, Mrs. Sindhu Priya E S, Mr. Abdul Rahamanulla and mentor coordinator Ms. Silpa M, where they gave a brief idea regarding the mentor-mentee program.

ATTESTED Report Induction Programme R Pharm (Y PCRC/2019

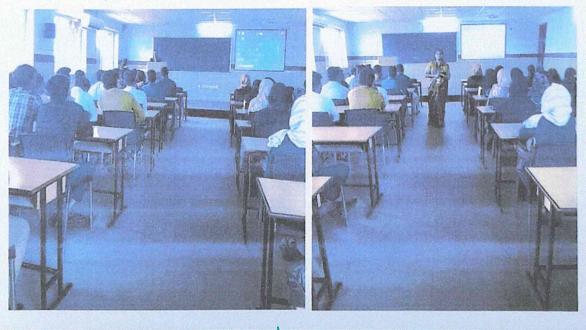
Yanepoya Pharmaey College & Research Centre

English: The last session of the day was taken by Ms. Rizwana. In this session she took Basic English lecture for professional development of the students and taught them how to write official letter.



#### Day 3: 10-07-2019

**Department Orientation:** Day 3 started with the Pharmaceutics Dept, orientation by Mrs. Sandhya V & Pharmaceutical Chemistry Dept, orientation by Ms. Sonal D'Souza. During this sessions the students were given introduction regarding the faculties in the department and the various subjects handled by the department.



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IT Department Orientation: Mr. Rajesh Karkera took a session on the different methods and sources of e-learning, where the students were told about the yengage program of our University and the various benefits of yengage.

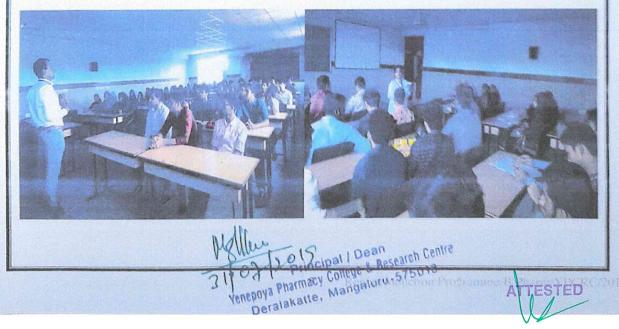


Library Orientation: Dr. Sunil Menghani, library coordinator took the students to library and explained about the various facilities available in the library.

**English:** The last session of the day was taken by Ms. Rizwana. In this session she took Basic English lecture for professional development of the students and taught them how to write official email.

#### Day 4: 11-07-2019

Introduction to College Extracurricular Activities and Sports: Day 4 session was started by introduction to various cultural and sports activities by Mrs. Nishmitha Gretta D Souza and Mr. Abdul Rahamanulla- the staff committee members. They gave a brief overview of the various extracurricular activities conducted throughout the year in order to ensure physical fitness, social skills and competence among the students.



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English: The next session of the day was taken by Ms. Rizwana. In this session she took Basic English lecture for professional development of the students and taught them how to write resume.

Department Orientation: The afternoon session started with the Pharmacology Dept. orientation by Mrs. Sindhu Priya E S & Pharmacognosy Dept. orientation by Ms. Silpa M. During this sessions the students were given introduction regarding the faculties in the department and the various subjects handled by the department.



English: The last session of the day was taken by Ms. Rizwana. In this session she took Basic English lecture for the students.

#### Day 5: 12-07-2019

Yenepoya (Deemed to be University) Campus Visit: Day 5 started with the campus visit within the University which was guided by Dr. Bhagya Sharma, Assistant Director of Environmental Sciences.



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Conepayn Plearnacy College & Research Centre

English: The last session of the day was taken by Ms. Rizwana. In this session she took Basic English lecture for the students.

#### Day 6: 13-07-2019

Lecture on Communication Skills: Day 6 started with the session on communication skills which was taken up by Ms. Rajika, where she briefed about the importance of communication in personal as well as professional development. The session was made interesting by showing inspirational videos.



Lecture on College Code of Conduct: The next session was taken by Dr. Sunil Menghani where he explained all the rules and regulations of the college regarding attendance, medical certificate, late entry to classes, participation in extracurricular activities, classroom and laboratory discipline, use of mobile phones and few general rules & regulations.

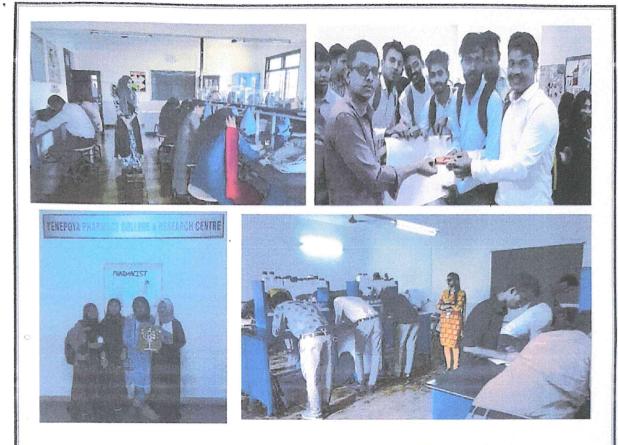


#### Code of Conduct Session

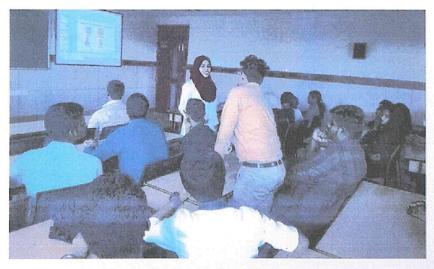
Literary Activities: The next session was taken by Mr. Mohammed Asif Iqbal, where he conducted few literary activities like essay writing, poetry writing, pencil sketch for the students as a part of entertainment and also to hunt the new talents. Later students were divided into groups and fun activity was conducted in college and the winners were awarded.

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**NSS program Orientation:** The afternoon session was taken by NSS convener, Ms. Haleema Shahin, where she gave a brief overview of the various NSS activities conducted throughout the year by showing some photographs of the previous conducted programs.



English: The last session of the day was taken by Ms. Rizwana. In this session she took Basic English lecture for the students.

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Report/Induction Programme/B Pharm/YPCRC/2019

From,

Dr Shareena P Vice Principal Associate Professor YIASCM

To,

The Principal

YIASCM

Respected Madam,

Sub: Permission to Conduct Orientation Programme(Deeksharambh-2020)

Madam,

Orientation conduct to request permission to writing letter I 'am this Programme(Deeksharambh-2020) from 20/10/2020 to 22/10/2020 through Online for 2020-2023 batch students. I wish to conduct this programme in order to give the awareness about College code of conduct and also other session by various experts on the topics Yoga, Personality development, Anti Ragging, Substance Abuse etc. I believe this will be a very useful event that many students will wish to attend. 1.

Thanking you

Yours sincerely

Shareene. P. 14/10/2020.

15/10/2020

Dr.Gangadhara Somayaji K.S. Yenepoya(Deemed to be University Roa University) Mangalore-575 018, Karnataka

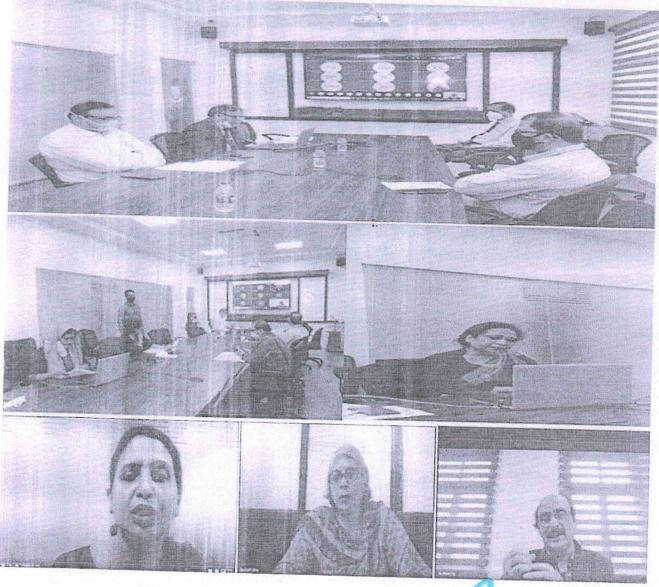
## Details of awareness programs:

Orientation programme for First Year students of 2020-21 batch organized from 20<sup>th</sup> October 2020 to 22<sup>nd</sup> October 2020.During this programme Various awareness lectures were delivered by the experts on the topics such as College code of conduct, Anti Ragging, Yoga, Awareness on substance abuse, Personality Development etc.

https://www.youtube.com/watch?v=LEYeBdD 471

https://www.youtube.com/watch?v=gNL5-510Sjl&t=7321s

https://www.youtube.com/watch?v=tgQcl2KGS60&t=11480s

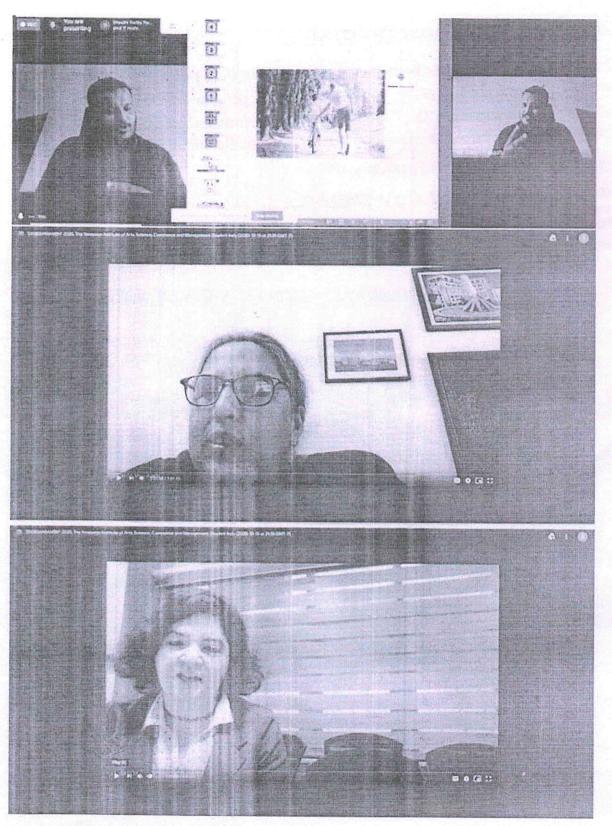


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The Yenepoya Institute of Arts, Science, Commerce & Management Balmatta, Mangaluru-575002



Instruction

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## YENEPOYA AYURVEDA MEDICAL COLLEGE & HOSPITAL

## STUDENT INDUCTION PROGRAMME

(2019-20)

Yenepoya Ayurveda Medical College & Hospital, Naringana, organized a Student Induction Programme from September 16, 2019 to October 1, 2019. This programme was planned to include all aspects towards familiarizing and creating awareness among the students regarding the course, institution, and the locality. Total numbers of beneficiaries were 100.

## (Day 0 - 16th SEPTEMBER, 2019

Venue:Yendurance Zone, Yenepoya (Deemed to be) University10:30 to 11:30 am:'AYURHOME' – Orientation Programme for 1st Year<br/>BAMS and BHMS students.11:30 to 4:00 pm:Counselling

### **17<sup>TH</sup> SEPTEMBER, 2019**

#### **Morning** session

9:15 to9:30 am:

9:30 to 9:45 am:

Formal Inauguration

'Introduction to Student Induction Programme'

by Dr. C. V. Raghuveer

Pro Vice Chancellor

Yenepoya (Deemed to be University)

Ayurveda - 'A Plethora of Opportunities'

9:45 to 10:15 am:

Session by Dr. S. G. Prasanna Aithal ATTE

	Dean, Yenepoya Ayurveda Medical College
10:15 to 10:45 am:	'Abhyarambha' – A New Beginning
	Session by Dr. Shubada V I
	Professor & Head, Dept, of Shareera Rachana
	Yenepoya Ayurveda Medical College
11:00 to 1:00 am:	''Ice Breaking
Afternoon session	

2:00 to 2:30 pm:	'Know your Mentors'
	by Dr. Vidhyaprabha R.
	Associate Professor, Dept. of Rachana Shareera
	Yenepoya Ayurveda Medical College
2:30 to 3:00 pm:	Mentor with mentee
3:00 to 4:00 pm:	Around the campus with Mentor
4:00 to 5:00 pm:	Yoga

## 18<sup>TH</sup> SEPTEMBER, 2019

## **Morning Session**

9:00 to 11:00:	Sanskrit Learning Programme
11:30 to 1:00:	'Ayurveda – The Science of Life'
	Session by Dr. B. M. Hegde

## **Afternoon Session**

2:00 to 3:00 p	om:
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Session by Dr. Maji Jose

'Substance Abuse and Prevention'

Professor & Head, Dept. of Oral Pathology

Yenepoya Dental College

3:00 to 4:00 pm:

Literary events

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4:00 to 5:00 pm:	Yoga
	<b>19<sup>TH</sup> SEPTEMBER, 2019</b>
Morning Session	
9:00 to 11:00 am:	Sanskrit Learning Programme
11:30 to 1:00 pm:	'Learning Ayurveda'
	Session by Dr. Shreevathsa
	Professor& Head, Dept. of Samhitha&Siddhantha
	Govt. Ayurveda Medical College, Mysore
Afternoon Session	
2:00 to 3:00 pm:	'Stress and Time Management'
	Session by Dr. Ravichandra
3:00 to 4:00 pm:	Cultural Events
4:00 to 5:00 pm:	Yoga
	20 <sup>TH</sup> SEPTEMBER, 2019
Morning Session	
9:00 to 11:00 am:	Sanskrit Learning Programme
11:30 to 1:00 pm:	'Bridging the gap between Theory and Practical'
	Session by Dr. Krishnamurthy
	Professor & Head, Dept. of RasashastraevumBhaishajyakalpana
	Alva's Ayurveda Medical College, Moodabidri
Afternoon session	
2:00 to 3:00 pm:	'Professionalism'
	Session by Dr. C. V. Raghuveer
	Pro Vice Chancellor
	Dr.Gangadhara Somayaji Registrar Yenepoya(Deemed to be Univ

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K.S.

Yenepoya (deemed to be) University Literary Event Yoga

23<sup>RD</sup> SEPTEMBER, 2019

## Morning session

3:00 to 4:00 pm:

4:00 to 5:00 pm:

9:00 to 11:00 am:	Sanskrit Learning Prgramme
11:30 to 1:00 pm:	'Active Learning'
	Session by Dr. Jishnu R.
	Associate Professor, Dept. of Samhitha&Siddhantha
	Pankajakasthuri Ayurveda Medical College
Afternoon session	,
2:00 to 2:30 pm:	'NammaMangaluru'
	Session by Dr. Priya Pradeep
	Professor, Dept. of RogaNidana
	Yenepoya Ayurveda Medical College
2:30 to 3:00 pm:	'Ragging – How & When to React'
	Session by Mrs. Sunitha Prabhu
	Student Welfare Officer
	Yenepoya (Deemed to be) University
3:00 to 4:00 pm:	Cultural Event
4:00 to 5:00 pm:	Yoga

## 24<sup>TH</sup> SEPTEMBER, 2019

#### Morning session

9:00 to 11:00 am: 11:00 to 4:00 pm: Sanskrit Learning Programme

University Campus Visit

- Yenepoya University Theatre, Yendurance Zone
- Food Craft
- Laundary

## 25<sup>TH</sup> SEPTEMBER, 2019

'Visit to Mangalore'

## 26<sup>TH</sup> SEPTEMBER, 2019

Sanskrit Learning Programme Class as per Time Table Yoga

11:00 to 4:00 pm: 4:00 to 5:00 pm:

9:00 to 11:00 am:

### 27<sup>TH</sup> SEPTEMBER, 2019

9:00 to 11:00 am:11:00 to 4:00 pm:4:00 to 5:00 pm:

Sanskrit Learning Programme Class as per Time Table Yoga

9:00 to 11:00 am: 11:00 to 4:00 pm: **28<sup>TH</sup> SEPTEMBER, 2019** Sanskrit Learning Programme Class as per Time Table

30<sup>TH</sup> SEPTEMBER, 2019

9:00 to 10:00 am:

Sanskrit Learning Programme



11:00 to 4:00 pm:

Class as per Time Table

## 1<sup>ST</sup> OCTOBER, 2019

9:00 to 11:00 am:

11:00 to 1:00 pm:

Sanskrit Learning Programme

Sanskrit Day Celebration

## Valedictory Function

- Invocation
- Welcome address by Dr. S. G. Prasanna Aithal
- Lighting the Lamp
- Report on Student Induction Programme by Dr. Vidhyaprabha R
- Presidential address by Dr. C. V. Raghuveer
- Addressing the gathering by Dr. S. G. Prasanna Aithal
- Cultural Programme
- Prize Distribution
- Vote of Thanks by Dr. Priya Pradeep
- National Anthem



